# COMMUNITY HEALTH IMPROVEMENT PLAN 2022 - 2024



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## **Executive Summary**

Wayne HealthCare in Darke County, Ohio, is a nationally ranked and recognized acute care hospital providing inpatient and outpatient services for patients of all ages to our neighbors in Darke County and beyond. Our world-class, patient-centered healthcare utilizes only the best technology provided by highly skilled and engaged employees and providers. Our physicians and patients have access to a variety of vital services to preserve and improve health—all in a state-of-the-art facility with the size, equipment, and proximity to patients to be as effective as possible.

## Our Mission

Providing quality care and promoting wellness, close to home.

## **Our Vision**

We strive to be the community's first choice for exceptional, patient-centered healthcare and wellness.

## **Our Values**

People: We put people first and value our patients, our team, and our partners.

Compassion: We deliver care with empathy, kindness, and humility.

Community: We believe in the power of a healthy, united, and caring community.

Integrity: We do the right thing... no matter what.

Excellence: We are committed to continuous improvement and the highest standards in all that we do.

### **Community Served**

Darke County, Ohio

## Community Health Needs Assessment

Thirty-six hospitals, twenty-two health departments, and strategic partners across twenty-six counties in the Greater Dayton Area, Greater Cincinnati, southeast Indiana, and northern Kentucky came together to complete a collaborative, comprehensive Community Health Needs Assessment, under the guidance of The Health Collaborative (THC) and the Greater Dayton Area Hospital Association (GDAHA).

The 2021 Regional Community Health Needs Assessment is a result of collaboration between The Health Collaborative (THC), in partnership with the Greater Dayton Area Hospital Association (GDAHA) and includes partnership with 36 hospitals, 22 health departments, across 26 counties in Greater Cincinnati and the Greater Dayton Area, southeast Indiana, and northern Kentucky. The success of this CHNA is a result of the collaboration from local community champions, and strategic partners throughout the region who helped with community engagement and data collection efforts. Data collection, analysis, and synthesis conducted by Measurement Resources Company (MRC) and subcontractor Scale Strategic Solutions. A comprehensive, inclusive, and balanced mixed-method approach, and best practices in community engagement, were used in data collection to ensure a representative sample of community members, specifically the voices of marginalized populations and the inclusion of providers across health and social services sectors. The entire process was overseen by an Advisory Committee of 41 members of the community, representing hospitals, public health departments, federally qualified health centers, community-based organizations, public health professional associations, funders, and hospital associations.

## Selection of Community Health Priorities

Jordan Francis, Wellness Director, and Robyn Feitshans, Wellness Coordinator, convened with key stakeholders to determine top priorities for inclusion in strategic initiatives to improve community health. Priorities were identified by verbal proposition, discussion, and agreement among stakeholders. Criteria for inclusion in top priorities included:

- Alignment with regional and state level priorities
- Severity of disparity
- Community impact high proportion of community members impacted
- Associated health outcomes
- Appropriateness of intervention given current resources
- Seriousness of the consequences of not addressing the issue

#### **Health Priorities**

The following list contains the most prevalent health conditions identified by the regional community health needs assessment in ranked order.

Most Prevalent Health	Health Condition Most	Health Condition Most
Conditions (Ranked)	Untreated (Ranked)	Impacted by SDOH
<ol> <li>Cardiovascular Conditions (Hypertension)</li> <li>Mental Health (Depression and Anxiety)</li> <li>Arthritis</li> <li>Lung/Respiratory</li> <li>Dental</li> <li>Maternal Health Concerns</li> <li>Prevention-Related Health Needs</li> </ol>	<ol> <li>Vision</li> <li>Dental</li> <li>Allergy</li> <li>Mental Health (Depression and Anxiety)</li> <li>Arthritis</li> <li>Cardiovascular Conditions (Hypertension)</li> <li>Maternal Health Concerns</li> </ol>	<ul> <li>Cardiovascular Conditions</li> <li>Mental Health (Depression and Anxiety)</li> <li>Vision</li> <li>Lung/Respiratory Health</li> <li>Diabetes</li> </ul>

After taking into the account the criteria for priority selection listed above, the following health priorities were identified.

Top Priorities:		
1.	Chronic Disease	
2.	Health Behavior Modification	
3.	Access to Care/Services	

## Strategy Development Process

Representatives from various health and human services entities and other key stakeholders within the county convened on February 18<sup>th</sup>, 2020 to develop strategies to address the above priorities.

Name	Agency
Kelly Everhart	Darke County Commissioners
Beth Adkins	Tri-County Board of Recovery and Mental Health Services
Kim Freeman	Wayne HealthCare
Mandi Zwiesler	Wayne HealthCare
Terri Flood	Wayne HealthCare
Traci Owens	Darke County Health Department
Emily Hoisington	Darke County Health Department
Katrina Angle	Wayne HealthCare
Lauren Henry	Wayne HealthCare
John Warner	Brethren Retirement Community
Michelle Caserta Bixler	Catholic Social Services
Tina McClanahan	Catholic Social Services
Sharon Deschambeau	Chamber of Commerce
Amy Farmer	Health Communities Study – Ohio State University
Terrence Holman	Darke County Health Department
Mark Whittaker	Darke County Sheriff's Office

# Description of Strategies

#### <u>LifeSteps®</u>

#### Priority: Chronic disease/health behavior modification

**Description**: LifeSteps<sup>®</sup> is a lifestyle modification program intended to help participants improve their eating, activity, and weight management behaviors. This program includes interactive group sessions combined with clinical exercise sessions in the Wayne HealthCare Wellness Center.

**Key Action:** Prevention of chronic diseases, including type 2 diabetes and cardiovascular disease, through risk factor mitigation in the form of improved nutrition and increased physical activity.

#### Apron Strings Kitchen Academy

#### Priority: Chronic disease/health behavior modification

**Description**: Apron Strings Kitchen Academy is an interactive health education opportunity for the general public who are interested in living a healthier lifestyle. Participants will learn about nutrition topics, learn how to plan and prepare health meals, sample dishes prepared during class and participate in exercise sessions in the Wellness Center.

**Key Action**: This program bridges the gap between education and application by ensuring participants get hands-on experience in cooking healthy meals and physical activity. They are able to participate in the process of making healthy meals in the Cooking Lab and exercise in the Wellness Center.

#### Walk 'N Talks

#### Priority: Chronic disease/health behavior modification

**Description**: Experts in nutrition and exercise will offer health education activities while walking at a local park with a walking track. The Wayne HealthCare promotional vehicle will be used as a starting point for a brief educational opportunity that lasts ten to fifteen minutes, followed by a group walk where further discussion is encouraged during physical activity. Topics will cover healthy eating and physical activity habits and incorporate themes from brief motivational interviewing.

**Key Action**: Meeting people at existing areas where they congregate for physical activity is a great opportunity for outreach and a comfortable setting for participants new to exercise. The park is adjacent to several community grocery stores and a large shopping area and is an ideal setting and convenient location for community members.

#### **Provider Recruitment**

#### Priority: Access to care/services

Description: Recruiting and retaining providers and specialists where there is a high need that is not being met within the county currently, or the current number of providers in a given specialty is not sufficient to meet community need, thus creating a barrier to accessing services. Traveling out of the county can be difficult for some populations and having access to needed services closer to home can reduce barriers to care.

Key Action: Urology, cardiology, etc.

#### Wayne HealthCare Promotional Vehicle

#### Priority: Access to care/services

Description: Healthcare professionals will be able to meet people where they are in the community by taking the Wayne HealthCare Promotional vehicle to various predetermined sites. This will allow providers to bring education and basic health services to screen for potential chronic diseases. Lack of transportation to appointments can be a barrier to obtaining quality care and follow-up. By having predetermined sites, community members can plan to access care closer to home.

**Key Action**: Education and giving preliminary numbers can help individuals make small changes without the added financial burden of a doctor visit. It also allows community members to ask questions in a comfortable, stress-free environment.